SCHUYLERVILLE
Physical Therapy
Orthopaedic & Sports Rehabilitation

Informed Consent for Physical Therapy

Dear Patient:

Physical therapy involves the use of many different types of physical evaluation and treatment. At Schuylerville Physical Therapy (SPT), we use a variety of procedures and modalities to help us try and improve your function. As with all forms of medical treatment, there are benefits and risks involved with physical therapy.

The physical response to a particular treatment can be different from person to person, and because of that it is not always possible to accurately predict your response to treatment. Some patients improve faster than others, and in some cases there may be a temporary flair up of an existing condition.

You certainly can ask your therapist what type of treatment he/she will be planning to use based on your history, diagnoses, symptoms and testing results. You may also discuss what the potential risks and benefits of a specific treatment might be.

Therapeutic exercises are an integral part of most physical therapy treatment plans. Exercise has been shown through research to help most painful conditions. If you have any questions regarding your exercises, please discuss them with your therapist.

_____ (Initials) I, the undersigned, hereby give my consent for Schuylerville Physical Therapy to administer medical care and treatment considered necessary to diagnose and treat.

Patient Name (Print) Signature of patient/auth rep Date

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